



Nutrition Facts

Portion Size	85 g
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Amount Per Portion

Calories	20
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	% Daily Value *
Total Fat 0.5g	1 %
Total Carbohydrate 3g	1 %
Dietary Fiber 1g	4 %
Sugar 2g	
Protein 1g	2 %
Calcium 20mg	2 %
Iron 0.4mg	2 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.