

Nutrition Facts

Serving Size 1 Link (57g)

Servings Per Container

Amount Per Serving

Calories 110 **Calories from Fat 50**

% Daily Value*

Total Fat 6g **9%**

Saturated Fat 2g **9%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 360mg **15%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Sugars 2g

Protein 11g

Vitamin A 0% • **Vitamin C** 0%

Calcium 0% • **Iron** 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | | Calories: | 2,000 | 2,500 |
|---------------------------|-----------|-----------|---------|---------|
| Total Fat | Less than | | 65g | 80g |
| Saturated Fat | Less than | | 20g | 25g |
| Cholesterol | Less than | | 300mg | 300mg |
| Sodium | Less than | | 2,400mg | 2,400mg |
| Total Carbohydrate | | | 300g | 375g |
| Dietary Fiber | | | 25g | 30g |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4